

What is oral sedation/sleep dentistry?

Oral sedation is a process in which, after an initial consultation with the dentist, you take a medication (triazolam) just before your visit. When you arrive for your appointment, you will be awake, but drowsy. Most important, you will be relaxed, anxiety-free, and pain-free. You will not be unconscious. You'll just enjoy a soothing mental and emotional "distance" from what is going on. Next thing you know, the dentist is telling you that the procedure is complete and that it is time to go home.

Who is sleep dentistry recommended for?

Sleep dentistry is recommended for patients with sensitive teeth, patients with a severe gag reflex, patients who hate needles, patients with anxiety towards the dentist, and patients who have limited appointments to spend on dental care.

Is this a safe procedure?

Sedation dentistry is a very safe procedure. Your dentist will discuss your medical history at your initial visit, and the entire dental team monitors you closely as the procedure goes on.

Will I need transportation?

You will need a friend to transport you safely to and from the dental office.

What procedures can be done under sleep dentistry?

All procedures can be done under sleep dentistry, from extractions and gum surgery to fillings and crowns. Also, a number of different procedures can be performed at one visit, so that there are fewer visits involved with completing your treatment.

Please do not hesitate to speak with a member of our dental team about any concerns and questions that you may have about the sedation process.